

# Digging Deeper: Building a Foundation Developing Spiritual Habits: H“A”bits

March 17h, 2010

## ac·count·abil·i·ty

- n-tə-□ bīlə-tē\

*noun* : The quality or state of being accountable;  
*especially* : an obligation or willingness to accept responsibility or to account for one's actions.

## Spiritual Habits \*

Hang Time with God  
Accountability with another Believer  
Bible Memorization  
Involvement with the Church Body  
Tithing Commitment  
Study Scripture

### The Advantages of Companionship

<sup>7</sup> I observed yet another example of something meaningless under the sun. <sup>8</sup> This is the case of a man who is all alone, without a child or a brother, yet who works hard to gain as much wealth as he can. But then he asks himself, “Who am I working for? Why am I giving up so much pleasure now?” It is all so meaningless and depressing.

<sup>9</sup> Two people are better off than one, for they can help each other succeed. <sup>10</sup> If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. <sup>11</sup> Likewise, two people lying close together can keep each other warm. But how can one be warm alone? <sup>12</sup> A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

Ecclesiastes 4:7-12 (New Living Translation)

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### Choosing Accountability Partners:

Someone who is growing with Christ  
you can depend on  
you can trust  
you respect  
you can communicate with  
Who is not stuck where you are  
Who will not cause you to fall

### Accountability Actions

Choose a partner  
Agree on a time, place, and areas of accountability  
Pray  
Share  
Encourage  
Discuss  
Plan

### Places to Start with Accountability:

Prayer Life  
Bible Reading/Study time

Time with Family  
Laziness—School/Work  
Health issues (Exercise/Diet)

Language  
Subject Topics  
Anger  
Addictions

### *Proverbs 27 (NLT)*

<sup>2</sup> Let someone else praise you, not your own mouth— a stranger, not your own lips.  
<sup>5</sup> An open rebuke is better than hidden love!  
<sup>6</sup> Wounds from a sincere friend are better than many kisses from an enemy.  
<sup>9</sup> The heart felt counsel of a friend is as sweet as perfume and incense.  
<sup>10</sup> Never abandon a friend— either yours or your father's. When disaster strikes, you won't have to ask your brother for assistance.  
It's better to go to a neighbor than to a brother who lives far away.  
<sup>12</sup> A prudent person foresees danger and takes precautions. The simpleton goes blindly on and suffers the consequences.  
<sup>17</sup> As iron sharpens iron, so a friend sharpens a friend.

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## **Other Passages to Check out:**

Read the following Passages

2 Corinthians 9:1-15

What happened when people connected together and shared together?

Time and energy you give to others does what two things? (V. 12)

Read the following Passages and answer at least **one** of the following questions.  
What do these tell us about God?  
What does God call us to do? Why?  
What is the benefit of believers partnering together?

Psalms 133

Proverbs 27

Ephesians 4:1-32

Romans 12: 1-21

Philippians 2:1-21

1 Timothy 6:1-30

1 Corinthians 12

Ephesians 2:1-9

James 5

Romans 15

1 Thessalonians 5

John 15

Hebrews 10

Galatians 6

Titus 2

## **Other Accountability Partnerships**

### **David and Jonathan**

1 Samuel 18-20

### **Joshua and Caleb**

Numbers 13-14

### **Jesus Peter, James, and John**

Matthew 17, Matthew 26, Mark 5, Mark 9,  
Mark 13-14, Luke 8-9

### **Paul, Barnabas, Silas and Timothy**

Acts 13-18, Galatians 2, 1 Thess. 1, 2 Thess. 2

### **Paul and Titus**

1 Corinthians 2, Galatians 2

### **Moses, Aaron and Hur**

Exodus 17

### **The Paralytic and 4 Friends**

Mark 2

For *additional* options, stories and resources, Check out [CEFCYouth.com](http://CEFCYouth.com)

## **Small Group / Personal Questions:**

Who are your closest Friends? How Many of your closest friends are believers? How many friends do you have who are unbelievers?

Do you have anyone in your life who holds you accountable? What does that look like?

What keeps you from being held accountable?

What keeps you from wanting to be held accountable?

What things in your life do you **need** accountability? Where do you **want** it?

What can the group Pray for you about?  
(Or thank God with you about?)

## **Don't Forget!**

Staying True Girl's Conference March 20th  
This Saturday 9-3

Guy's Group THIS Saturday 11-3

Beauty and The Bible: This Sunday

Clue Night March 27th